


This Institution is an Equal Opportunity Provider

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For more information, Visit:

<http://www.irvingisd.net/foodservices/>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Elementary School K-5 Breakfast &amp; Lunch is Free Every day to all I.I.S.D. Students Food containing pork/pork derivatives: Pepperoni/Breakfast Pizza * Fruited Gelatin * Blushing/ Confetti Applesauce</p>	<p><u>STUDENTS WHO PARTICIPATE IN SCHOOL BREAKFAST:</u></p> <ul style="list-style-type: none"> <li>• Are more ready to focus &amp; learn</li> <li>• Do better in Math</li> <li>• Are ultimately, more likely to Graduate from High School</li> </ul> <p><u>ESTUDIANTES QUE PARTICIPAN EN DESAYUNO ESCOLARES:</u></p> <ul style="list-style-type: none"> <li>• Están listos para enfocarse</li> <li>• Son mejores matemáticas</li> <li>• Tienen más probabilidad de graduar de secundaria</li> </ul>	<p>1</p> <p><u>BREAKFAST</u></p> <p>Chicken Biscuit, Cooper Street Bars, Fresh Fruit, Fruit Juice, Milk</p>	<p>2</p> <p><u>BREAKFAST</u></p> <p>Maple Waffle Sausage Sandwich, Honey Bun, Applesauce Cup, Fruit Juice, Milk</p>	<p>3</p> <p><u>BREAKFAST</u></p> <p>Breakfast Burrito, Cereal Pouch w/Cheese Stick, Fresh Fruit, Fruit Juice, Milk</p>
<p>6</p> <p><u>BREAKFAST</u></p> <p>Benefit Bar, Croissant Egg &amp; Fiesta Cheese Sandwich, Apple Slices, Fruit Juice, Milk</p>	<p>7</p> <p><u>BREAKFAST</u></p> <p>Green Chili Breakfast Burrito, Muffin Top, Fruit Cup, Fruit Juice, Milk</p>	<p>8</p> <p><u>BREAKFAST</u></p> <p>Donut Holes, Cooper Street Bars, Applesauce Cup, Fruit Juice, Milk</p>	<p>9</p> <p><u>BREAKFAST</u></p> <p>Benefit Bar, Yogurt w/Graham Cracker, Fresh Fruit, Fruit Juice, Milk</p>	<p>10</p> <p><b>No School Fall Break</b></p>
<p>13</p> <p><b>No School Fall Break</b></p>	<p>14</p> <p><u>BREAKFAST</u></p> <p>Maple Waffle Sausage Sandwich, Sunbutter &amp; Jelly Sandwich, Applesauce Cup, Fruit Juice, Milk</p>	<p>15</p> <p><u>BREAKFAST</u></p> <p>Breakfast Burrito, Cooper Street Bars, Fruit Cup, Fruit Juice, Milk</p>	<p>16</p> <p><u>BREAKFAST</u></p> <p>Cereal Pouch w/Cheese Stick, Cinnatwin, Fresh Fruit, Fruit Juice, Milk</p>	<p>17</p> <p><u>BREAKFAST</u></p> <p>French Toast Sticks, Yogurt w/Graham Cracker, Applesauce Cup, Fruit Juice, Milk</p>
<p>20</p> <p><u>BREAKFAST</u></p> <p>Confetti Pancakes, Cinnamon Toast Crunch Cereal Bar, Apple Slices, Fruit Juice, Milk</p>	<p>21</p> <p><u>BREAKFAST</u></p> <p>Chicken Biscuit, Banana Bread, Applesauce Cup, Fruit Juice, Milk</p>	<p>22</p> <p><u>BREAKFAST</u></p> <p>Donut Holes Cup, Benefit Bar, Fresh Fruit, Fruit Juice, Milk</p>	<p>23</p> <p><u>BREAKFAST</u></p> <p>Breakfast Pizza, Muffin Top, Fruit Cup, Fruit Juice, Milk</p>	<p>24</p> <p><b>No School</b></p>
<p>27</p> <p><u>BREAKFAST</u></p> <p>Breakfast Pizza Bagel, Benefit Bar, Apple Slices, Fruit Juice, Milk</p>	<p>28</p> <p><u>BREAKFAST</u></p> <p>Croissant Chix Sausage &amp; Cheese Sandwich, Assorted Muffins, Applesauce Cup, Fruit Juice, Milk</p>	<p>29</p> <p><u>BREAKFAST</u></p> <p>Chicken Biscuit, Cooper Street Bars, Fresh Fruit, Fruit Juice, Milk</p>	<p>30</p> <p><u>BREAKFAST</u></p> <p>Maple Waffle Sausage Sandwich, Honey Bun, Applesauce Cup, Fruit Juice, Milk</p>	<p>31</p> <p><u>BREAKFAST</u></p> <p>Breakfast Burrito, Cereal Pouch w/Cheese Stick, Fresh Fruit, Fruit Juice, Milk</p> <p><b>TRICK OR TREAT</b></p> 

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<b>6</b> <u>LUNCH</u> Chicken & Waffles w/Syrup, Cheesy Pasta, Yogurt Parfait, Honey Glazed Carrots, Garden Salad, Fresh Fruit, Milk	<b>7</b> <u>LUNCH</u> Chicken Cheese Nachos, Pepperjack Cheese Enchiladas, Crispy Chicken Salad w/Churro Crackers, Corn, Refried Beans, Whole Fruit Frozen Cup, Milk	<b>8</b> <u>LUNCH</u> Chicken Nugget w/Roll, Breakfast Home Run Plate, Fruit & Yogurt Smart Box w/Grahams, Hashbrown Patty, Orange Medley Juice, Blushing Applesauce, Milk	<b>9</b> <u>LUNCH</u> Wild Mike's Cheese Bites, Hamburger/Cheeseburger, Turkey Sandwich Smart Box, Emoji Fries, Burger Salad, Chilled Fruit, Milk	<b>10</b> 
<b>National School Lunch Week – October 14 through October 17, 2025</b>				
<b>13</b> 	<b>14</b> <u>LUNCH</u> Crispy Taco w/Shredded Cheese, Taco Quesadilla, Yogurt Parfait, Lettuce & Tomatoes, Charro Beans, Chilled Fruit, Milk	<b>15</b> <u>LUNCH</u> Monster Bowl, Cheeseburger Calzone, Hummus Smart Box, Mixed Vegetables, Spinach Salad, Applesauce Cup, Milk	<b>16</b> <u>LUNCH</u> Grilled Cheese Sandwich, Orange Chicken w/Rice, Turkey Ham Sandwich Smart Box, Cucumber w/Tajin, Peas & Carrots, Orange Wedges, Milk	<b>17</b> <u>LUNCH</u> Pepperoni/Cheese Pizza Bagels, Veg. Cobb Salad w/Savory Crackers, Chicken Crispito, Broccoli Normandy Blend, Veggie Dipper w/Ranch, Chilled Fruit, Milk
<b>20</b> <u>LUNCH</u> Chicken Soft Taco, Mozzarella Sticks, ½ Sunbutter & Jelly Sandwich w/Yogurt Cup, Steamed Broccoli w/Cheese, Cucumber Slices, Spanish Rice, Peachy Pear Salad, Milk	<b>21</b> <u>LUNCH</u> Chicken & Waffles w/Syrup, Macaroni & Cheese, Turkey Ham Sandwich, Broccoli Normandy Blend, Glazed Sweet Potatoes, Whole Fruit Frozen Cup, Milk	<b>22</b> <u>LUNCH</u> Hamburger/Cheeseburger, Mini Corn Dogs, Yogurt Parfait, Sweet Potato Fries, Burger Salad, Fruited Gelatin w/Whip Topping, Milk	<b>23</b> <u>LUNCH</u> Steak Fingers w/Roll, Bean & Cheese Pupusa w/Curtido Salad, Chicken Caesar Salad w/Garlic Knot Roll, Ranch Salad Shaker, Mashed Potatoes, Blushing Applesauce, Milk	<b>24</b> 
<b>27</b> <u>LUNCH</u> Spaghetti & Meatballs w/Garlic Knot Roll, Grilled Cheese Sandwich, Oven Roasted Turkey Sandwich, Italian Green Beans, Carrot Coins, Whole Fruit Frozen Cup, Milk	<b>28</b> <u>LUNCH</u> BBQ Drumstick w/Biscuit, Cheese Nachos, Hummus Smart Box, Baked Beans, Orange Medley Juice, Fruit Cup, Milk	<b>29</b> <u>LUNCH</u> BBQ Boneless Wings w/Roll, Hot Dog, Sunbutter & Jelly Smart Box, Squash Casserole, Ranch Shaker Salad, Orange Wedges, Milk	<b>30</b> <u>LUNCH</u> Teriyaki Chicken Rice Bowl, Pizza Max Sticks, Mandarin Orange Chicken Salad w/Savory Crackers, Steamed Broccoli, Garden Salad, Fruit Cup, Milk	<b>31</b>  <u>LUNCH</u> Fish Nuggets & Hush Puppies, Chicken Crispito, Yogurt Parfait, Crinkle Cut Fries, Fresh Vegetable Medley, Orange & Cream Frozen Fruit Cup, Milk





## GALA APPLES

### Fun Facts

- Gala apples grow on trees in several regions of Texas.
- Apples float when dropped into water because they are 25% air.
- Apples are used to make applesauce.

### Joke of the Month

Q: Why did the apple join the circus?

A: Because it wanted to be a show apple.

**I am Mighty Red**

TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



## MAZANAS GALA

### Hechos Graciosos

- Las manzanas de gala crecen en árboles en varias regiones de Texas.
- Las manzanas flotan cuando se caen al agua porque son un 25% de aire.
- Las manzanas se utilizan para hacer compota de manzana.

### Chiste del Mes

Q: ¿Por qué las manzanas se caen al agua?

A: Porque quieren ser como las manzanas que flotan.

**Yo soy Mighty Red**

TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER

## NATIONAL SCHOOL LUNCH WEEK- OCTOBER 14 – OCTOBER 17, 2025

# TEXAS TASTE TOUR

### Your School Lunch Passport



**Food Items:** SWEET POTATOES, ALBA TEXAS, CHICKEN, MARIA TOMATOES, BEEF, PEACHES, SPINACH, MUSHROOMS, GRAPES, GRAPEFRUIT.

**Locations:** ALBA, TYLER, PINEWOODS, MADISONVILLE, PRAIRIES & LAKES, BIG BEND, MARFA, FREDERICKSBURG, HILL COUNTY, LA PRYOR, SOUTH TEXAS PLAINS, GULF COAST, MISSION, RIO GRANDE VALLEY.

TEXAS DEPARTMENT OF AGRICULTURE  
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## Smooth-Frozen® sdeKicks Celebrations™

### October 31, 2025

# HURRY UP AND GOBLIN UP 'EEEK!'

100% Juice • No Added Sugars • Unique Smooth-Frozen Texture



**ORANGE & CREAM FLAVOR**

100% Juice From Concentrate  
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No Artificial Flavors  
No Artificial Colors  
No Preservatives